### **WELCOME TO GRAFHAM WATER CENTRE - SPRING/SUMMER MENU 1**

# MAKE IT HAPPEN MONDAY

### LOVE OUR PLANET TUESDAY

#### WINNING WEDNESDAY

## PLATES FOR OUR PLANET THURSDAY

#### LETS GO BRITISH FRIDAY

Selection of Cereals, Toast and Preserves

Grilled Bacon or Planet Inspired
Sausage
Poached or Fried Egg,
Baked Beans
AND

Orange Juice/Fruit Bowl

Selection of Cereals, Toast and Preserves

> Hash Brown Poached Egg Baked Beans AND

Orange Juice/Fruit Bowl

Selection of Cereals, Toast and Preserves

Grilled Bacon or Planet Inspired
Sausage
Poached or Fried Egg,
Baked Beans
AND
Orange Juice/Fruit Bowl

Selection of Cereals, Toast and Preserves

Hash Brown
Poached Egg
Baked Beans
AND
Orange Juice/Fruit Bowl

Selection of Cereals, Toast and Preserves

Grilled Bacon or Planet Inspired
Sausage
Poached or Fried Egg,
Baked Beans
AND

Orange Juice/Fruit Bowl

Jacket Potato Served with Cheese, Baked Beans or Tuna Mayonnaise OR

Southern Fried Chicken Wrap

Salad Bar

Greek Yogurt with Strawberry Sauce and Fresh Fruit

Filled Rolls with Egg, Cheese or Tuna Mayonnaise and Crisps

OR

Southern Fried BBQ Chick'n Nugget Wrap

Salad Bar

Greek Yogurt with Strawberry Sauce and Fresh Fruit Sausage or Vegan Rolls Served with Chips OR

Southern Fried Chicken Wrap

Salad Bar

Greek Yogurt with Strawberry Sauce and Fresh Fruit Filled Rolls with Egg, Cheese or Tuna Mayonnaise and Crisps

OR

Southern Fried BBQ Chick'n Nugget Wrap

Salad Bar

Greek Yogurt with Strawberry Sauce and Fresh Fruit Battered Fish or Fishless Fingers

OR

Cheese Toasties Served with Chips

Salad Bar

Greek Yogurt with Strawberry Sauce and Fresh Fruit

Fish Fingers or Fishless Fingers Served with Creamy Mashed Potato, Baked Beans **OR** 

Jacket Potato Served with Cheese, Baked Beans, Tuna Mayonnaise Plant Powered Lasagne Served with Garlic Bread Mixed Salad and Coleslaw

OR

Macaroni Cheese Served with Coleslaw and Mixed Salad Butchers Own Sausage or Vegan Sausage Served with Mashed Potato, Gravy, Peas and Carrots

Creamy Pesto Fusilli Pasta Served with Seasonal Vegetables Spaghetti with Plant Powered
Balls in Tomato Sauce
Served with Garlic Bread, Mini
Cobettes and Mixed Salad
OB

Macaroni Cheese Served with Coleslaw and Mixed Salad Chilli Con Carne Served with White Rice and Seasonal Vegetables

OR

Jacket Potato Served with Cheese, Baked Beans, Tuna Mayonnaise

#### Dessert of the Day: Chef's Choice or Fresh Fruit Salad or Mousse or Jelly

Halal, Vegan, Vegetarian, Gluten Free and Dairy Free options available. We can cater for all allergens and dietary needs.

We have a nut free policy in our kitchen and all our food is prepared in a kitchen where gluten and other allergens are handled, our menu does not include all allergens

Allergen information can be made available on request

Menu's are subject to change depending on stock availability